



WARMADEWA UNIVERSITY

ACHIEVING PERSONAL AND PROFESSIONAL SUCCESS CAC33B01

International Program



ACHIEVING PERSONAL AND PROFESSIONAL SUCCESS 5 ECTS

COURSE DESCRIPTION

This course introduces the tools and techniques for defining and achieving success in your personal and professional life. You will hear true stories about finding your passion and core values, applying these values to your own life, working well with others, communicating effectively, setting goals, and using influence to achieve these goals. You will also learn how to manage your time efficiently, the importance of work-life balance, and why taking care of your mental and physical well-being can hugely affect your professional success.

OBJECTIVES

By the end of this course, students should be able to:

- Know what drives them and how to utilize that in life and work.
- Create the perfect work-life balance.
- Identify specific time management tools for personal and professional productivity.
- Set goals and use influence to achieve them.
- Communicate effectively online and in real life.

LECTURING METHOD

The course will be presented in lecture activities, classroom assignments and discussions, case studies, special topic presentations, and homework. Students will be working primarily based on real-life stories, though additional materials can be assigned from time to time. To understand the topics covered in this course, students must read the supplied online material before class sessions to contribute thoughtfully to the class discussions and exercises.

ASSIGNMENTS

During the semester, you will do several assignments that are mainly focusing on literature reviews on different topics given by the lecturer. The assignments will be included in the course grade at the end of your semester.

ASSESSMENT METHOD

Class attendance 10 %, Exercises and projects 30 %, Mid-term exam 30 %, Final case study 30 %

LECTURERS

Made Bram Sarjana and guest lecturers



LECTURE TOPICS

Week	Topics								
1.	Introduction to the Principles of Personal and Professional Success								
2.	Escape Corporate: From Employee to Entrepreneur								
3.	10 Steps to Starting Your Own Business								
4.	How to Find Your Passion and Core Values?								
5.	How to Successfully Build Your Personal Brand?								
6.	Soft Skills in Digital Communication – Social Media and Other Digital Marketing Tools								
7.	Mid-Term Exam								
8.	The Fast Path to Profit and Freedom								
9.	Happiness 101 in Life and at Work								
10.	How to Be Productive: Work & Life Balance								
11.	The Art of Building Billion Dollar Companies								
12.	How to Create a Plan for the Life You Want?								
13.	Final Case Study Presentation								
14.	Final Exam								

WORKLOAD

ACHIEVING PERSONAL AND PROFESSIONAL SUCCESS **16 weeks**

		Weeks per semester TOT.														TOTAL hrs		
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
	Homework, assignments		2	2	2	2	2	2			2	2	2	2	2	2		24
	Workshops		4															4
	Exam preparation	1						9								10		19
INDEPENDENT	Company visits, excursions															4		4
WORK	Preparation for presentations and papers			2		2		2			2		2		2			12
WORK .	Preparation for class		2	2	2	2	2	2			2	2	2	2	2	2		24
	Follow-up for class		1	1	1	1	1	1			1	1	1	1	1	1		12
	Final essay paper															10		10
	Course evaluation																2	2
	Workshop and Excursion Paper			2													2	4
																		115
HRS OF EXAMS									2								2	4
MANDATORY CLASS ATTENDANCE	Class Weekly hrs ~4	4	4	4	4	4	4	4			4	4	4	4	4	4		52
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